



Cravings Lunch Packages

Minimum order 6ppl - 48hrs notice is appreciated

All orders are subject to applicable taxes

Disposable plates, cutlery, napkins and delivery are available upon request - Additional charges will apply

Gluten free options available upon request

See selection of sandwiches, wraps, salads, dessert, beverages listed below

Volume 1 - \$9.99 Per Person

Sandwiches and Wraps Platter

Choice of 1 Beverage

Volume 2 - \$14.99 Per Person

Daily Soup (small)

Choice of 1 Salad – Leaf or Featured Grain

Artisan Bread and Butter

Choice of 1 Dessert

Choice of 1 Beverage

Volume 3 - \$17.99 Per Person

Sandwiches and Wraps Platter

Choice of 1 Salad – Leaf or Featured Grain

Choice of 1 Dessert

Choice of 1 Beverage

Volume 4 - \$21.99 Per Person

Sandwiches and Wraps Platter

Choice of 1 Featured Grain Salad

Choice of 1 Leaf Salad

Choice of 1 Dessert

Choice of 1 Beverage

Sandwiches/Wraps

BLT/Bacon/Bibb Lettuce/Roma Tomatoes/ /Mayonnaise

Chicken Cobb /Chicken Breast/Avocado/Egg/Bacon/Lettuce/Ranch

Beef Short Rib /Brie/Spinach/Caramelized Onion/ Mayonnaise

Egg Salad /Buttermilk Chive Dressing/Lettuce/ Alfalfa Sprouts

Vegetarian /Hummus/ Baba Ghanoush/Roasted Red Peppers/ Alfalfa Sprouts/ Spinach / in a WRAP

Featured Mixed Salad Choices

Quinoa /Cucumber/Alfalfa Sprouts/ Kale/Parsley/ Mint /Sunflower Seeds/Lemon Juice/Olive Oil
Wild Rice / Cucumbers/ Cranberries/Red Peppers /Parsley / Maple Balsamic Dressing
Brussel Sprout Slaw /Shaved Cabbage/Cranberries/Kale Walnuts/Poppy Seed Dressing

Leaf Salad Choices

Caesar Salad /Romaine/Croutons/Parmesan/Bacon/Lemon/Caesar Dressing
Mixed Baby Greens with Vegetable Ribbons /Mixed Greens/Cucumber/ Carrot/Tomato/ Choice of
Champagne or Balsamic Vinaigrette
Mixed Greens with Beets/Mixed Green/Cubed Beet Medley/Crumbled Feta/Sliced Almonds/Maple
Balsamic Vinaigrette

Dessert Choices

Assorted Butter Tart Platter (plain, pecan or raisin - 1 per person)
Cravings Store Baked Cookies (peanut butter, double chocolate, chocolate chip & oatmeal raisin - 2 per
person)
Fresh Fruit Tray

Add to Any Order

Side of Green and Black Marinated Olives \$4.99 – 250ml
Cravings Housemade Sweet Potato or Taro Root Chips \$4.50/bag
Extra Beverage (choice of Water, Perrier, Pop) \$1.50